



DECEMBER
2022

SAN JOSE BRIDGE COMMUNITIES

ISSUE NO.
3

Happy Holidays from all of us here at San Jose Bridge Communities.

Here's the scoop on our Comiendo Cultura Event!

In 2019, a group of women who graduated from our Getting Ahead class decided that they wanted to start two committees: cooking committee and garden committee. The cooking committee was a space for the women to share recipes and offer healthier options to traditional dishes. During the pandemic, they were forced to get creative and they offered their recipes online through SJBC's facebook handle. But, 2022 allowed us the space to come together once again and the committee became a class, *Comiendo Cultura* led by one of our community leaders. On October 8th we celebrated our first Comiendo Cultura Celebration Event. This was a time to honor our community leaders for their hard work and contributions to the community.



To support *Comiendo Cultura*, feel free to reach out to purchase a copy of the book for friends and family this holiday and send donations directly to our website.

\$25 each

PURCHASE



Karina Orejel has been a longtime resident of East San Jose. She was born in San Jose and was taken to Mexico as an infant where she grew up. She returned to San Jose as a teenager and has resided in East San Jose where she is also raising her own family. Karina brings a cheerful and welcoming spirit. Through her leadership we have seen many women step up to share their dishes, partner with each other in projects and enjoy great fun together. We are grateful that Karina is part of our team and look forward to all that she will do in the future.





GIVING

Season of Generosity

The Holidays are upon us! And, the spirit of giving is generously awaiting to fill needs. Bridge Communities is able to offer the wonderful programs that we offer because of generous supporters like you. We are grateful for your contributions to our programs as volunteers and through your financial gifts. As we prepare for 2023, we anticipate an increase in budget needs. Will you consider our organization for your giving this year? Every dollar we receive will help us with programs, administration, and materials. The impacts that our programs have had include: raising leaders among participants, linking to services, leadership formation among youth, mental health care, provision of food, clothing and household goods, development of skills [computer, cooking and gardening] and toddler learning. You may select an area to sponsor or sponsor us in general. Thank you for your generosity!

“We can't thank you enough for being part of our organization. We wish the most wonderful Christmas.”

[**DONATE**](#)





HELP US WITH A SPECIAL NEED

Our Garden Committee is in need of \$4000 for 2023. Help us raise these funds to help young children and their families: learn where their food comes from, experience working with soil and seeds, and form strong bonds with their parent as they do this together. You may give in the form of gift cards or cash donations mailed to:

San Jose Bridge Communities

1226 Locust St
San Jose, CA 95110

Or electronically to [www.sjbridgecommunities.org/donate]. We appreciate your support!

DONATE

2023

COMING IN 2023

Thanks to the generous grant from Silicon Valley Community Foundation, we will be able to expand our mental health services to add Mental Health Therapy for adults who are not eligible for services due to their immigration status! Also, we will be expanding our reach with our Calpulli Support Groups. Follow us on social media to learn more.







Sign up for our newsletters!

**THANK YOU FOR SUPPORTING US.
WE LOOK FORWARD TO SEEING YOU IN THE NEW YEAR.**

